

Hello All Cushman Families!

Dr. Justine Dale sent us a video thank you message (that I will attempt to connect to this email). She looks well and will start Physical Therapy soon. We are awaiting for her to be cleared to drive - but since she's not walking yet, it may be a bit of time.

Today, representatives from SouthCoast Dental Smiles visited every classroom to give the students a lesson on brushing and healthy eating. All students took home a goodie bag. The goodie bag had a toothbrush and other surprises! Thanks to Nurse Kristen for organizing their visit.

I hope your child has mentioned that Ms. Frick has been visiting their classrooms to present the Lessons for Learning from the Second Step program. Your child should be able to tell you about their 'Attentascopes' (using our eyes to look at the speaker), whole body listening as well as using 'self talk' to help focus on a task. These are especially helpful when completing multi-step directions. These Lessons for Learning are taught every year throughout elementary school as the students learning demands increase from year to year. We hope to offer them strategies to adjust from their play brain to their learning brain.

Hear we are approaching the season of gratitude and thankfulness. I am very grateful to have been hear at Cushman School for the last few months. In that short amount of time I can see such growth in the children. They know their way around our building and have made some wonderful friendships. Watching them run and play at recess, burst into song as they walk down the hall and manage their lunch trays bring a smile to my face and warms my heart. There is such magic in childhood. What a gift to watch it unfold every day.

One of the areas of struggle is finding enough Recess/Lunch Monitors. We have a full roster, our issue is our need for fill-ins. If working from 10:45-12:45 on any given day would fit into your schedule PLEASE consider becoming a Substitute Monitor. You will need to fill in the Application (I've attached a copy), and have a clear CORI on file as well as completing the Applicant Fingerprint Identification System record check. If you are a classroom volunteer or have chaperoned a field trip you will already have a CORI on file. Any questions, just give me a call or send me an email.

We have earned 36 Cushman Caring Crayon coupons! We will celebrate next week with a little gathering. In the spirit of the season we'll share some Thanksgiving poems and songs. Hopefully your child will entertain your Thanksgiving gathering! My favorite has always been Raffi's Thanks A Lot -

<https://www.youtube.com/watch?v=ZLphADfy4tw>

We have a VERY short week - just two days - Monday and Tuesday. There is no school on Wednesday. Hopefully this will aid with any family traveling for the holiday.

We will return to the last week of November and head into December. I cannot believe how fast our time together is passing.

Have a wonderful Thanksgiving with family or friends who have become your family.

Yours,

Heidi Silva Brooks